

# 7 Keys to Atomic Faith

## 1. **The Strength of Small** - Matthew 17:20

Tiny faith moves mountains. One small habit today reshapes tomorrow's destination.

## 2. **The Strength of Systems** - Ephesians 5:15–16

You don't rise to your goals, you fall to your systems. Build rhythms to carry faith forward.

## 3. **The Who of Habit** - 2 Corinthians 5:17

Every action is a vote for who you're becoming. Identity leads, behavior follows.

## 4. **The How of Habit** - Galatians 6:7–9

Cue → Craving → Response → Reward. Habits grow from repeated seeds of obedience.

## 5. **The Humble Beginning** - Psalm 119:105

Start with one verse. One prayer. One minute. What's small is sustainable—and sacred.

## 6. **The Powerful Present** - Matthew 6:34

Win today. Faith grows when we walk with Jesus in the now—not the someday.

## 7. **Taking the First Bite** - Colossians 3:10

Don't wait to be ready. Just start. Small steps today become a legacy of faith tomorrow.