

7 Keys to Making Faith Easy

1. **Keep It Simple** - 2 Corinthians 11:3

Simple feels easy. Easy feels sustainable. Don't overthink—just start.

2. **Make It Smooth** - Hebrews 12:1

Remove friction. Make the right path the easiest path.

3. **Take It Slow** - Proverbs 13:11

Consistency beats intensity. Grow little by little, morning by morning.

4. **Find Your Rhythm** - Isaiah 50:4

Create routines that reduce decision fatigue. Let faith feel natural.

5. **Automate Endurance** - 1 Corinthians 16:2

Build systems that carry you when willpower won't.

6. **Complicate Quitting** - Romans 13:14

Raise friction against failure. Make bad habits harder to do.

7. **Let the Lord Lighten Your Load** - Matthew 11:28-30

Faith isn't just strategy—it's surrender. God makes the burden light.